

FIRST MBBS 2019-20 TIME TABLE FOR FOUNDATION COURSE

Date	8-9 am	9-10 am	10-11 am	11-12 pm	12-1 pm	1-2 pm	2-3 pm	3-4 pm
01-08-2019 (Thursday)	Inauguration ceremony		Introduction to medical profession and role of a medical doctor in society	What can Student expect	Lunch	Rules and Regulations of the Institution	Knowing Computer(1 hr Theory and 1 Hr Practical)	
02-08-2019 (Friday)	History of Medicine	Hippocrate Oath Era of modern medicine	Principles of Primary health care system	MBBS curriculum	Lunch	Concepts of Bio safety and bio waste management - Role of universal precautions	Sports and Games	
03-08-2019 (Saturday)	National Health policies in India	Patient rights and safety	Stress Identification - Role play	Module - foreign body re	Lunch	Introduction to attitude - Attitude of professionalism in students	How to use language	
04/08/2019 (Sunday)	Sunday							
05-08-2019 (Monday)	Vaccination programmes in India	Community based health care	Information Technology e-health, Intranet, internet, cyber ethics-books, e-journals	Communication - Breaking the barriers (Group activity)	Lunch	Talent Display	Sports and Games	
06-08-2019 (Tuesday)	Importance of language (Video based lecture)	Language- Basic Medical terms in English	skill module- bleeding management	Overview of Medical terms	Lunch	Interactive session - Why did you choose medical profession	Role Play- Doctor-Patient relationship	
07-08-2019 (Wednesday)	Awareness of Malayalam as official language	Inter personal relationships - Introduction - Role Play	Concept of professionalism		Lunch	Communication - Role Play	Sports and Games	

08-08-2019 (Thursday)	Communication skills	Inter personal relationship with members of same team /organisation	Medical, legal , ethical issues related to drugs	Lunch	Remedial grammar, Phonetics and pronunciation	Group dynamics- Group activity
09-08-2019 (Friday)	Introduction to research	Visit to RHTC	Group activity to demonstrate communication skills	Lunch	Lecture - Introduction to duties of a medical officer	First Aid - Introduction Significance using video of accidents
10-08-2019 (Saturday)	Saturday					
11-08-2019 (Sunday)	Sunday					
12-08-2019 (Monday)	FIRST AID WORKSHOP - 5 BATCHES OF 30 EACH					
13-08-2019 (Tuesday)	Learning Introduction Methods	Learning- Self Directed Learning Visit in batches to e- library, LRC, Central Library	Reading passage and interpreting	Lunch	Drawing skills/Painting/Readers forum	Sports and Games
14-08-2019 (Wednesday)	Learning skills; Pedagogy and strategies	Visit to UHTC	Introduction to legal aspects of Donating body after death	Lunch	Conflicts of interest- Definition, Types and Principles of identifying them	Meditation
15-08-2019 (Thursday)	Holiday					
16-08-2019 (Friday)	Yoga	Field visit	Reflection on field visit	Lunch	Panel discussion on Patient-Doctor relationship with senior faculties	Lecture Professional values

17-08-2019 (Saturday)	Rights of Patient	Learning small group methods	Role Play- Attitude towards Colleagues and Patients		Inter personal relationship with peers, friends and family	Role of computers in Medicine
18-08-2019 (Sunday)	Sunday					
19-08-2019 (Monday)	Yoga	career growth pathways	skill module-burns management	Lunch	Basic life support- Introduction, Significance Video sensitization	Sports and Games
20-08-2019 (Tuesday)	BASIC LIFE SUPPORT WORKSHOP - 5 BATCHES OF 30 EACH					
21-08-2019 (Wednesday)	Time management (Group activities and prepare Time Table	Concepts and Define - Role of an India medical Graduate	Role Play- Personal values and Integrity	Lunch	Stress Management	Martial Arts
22-08-2019 (Thursday)	Clinician- A leader and Member of health care	Doctor as life long learner and professional	Medical related information searches and its utility	Lunch	Palliative care and Pain management	Lecture with video demonstration - Behaviour and Attitude towards collegues and patients
23-08-2019 (Friday)	Holiday					
24-08-2019 (Saturday)	Case Discussion Medical ethics		Small group discussion- What did you expect when you were a patient?	Lunch	How to prepare PPT- hands on training	Communication Student - Teacher
25-08-2019 (Sunday)	Sunday					

26-08-2019 (Monday)	Organ Donation, Blood Donation	Debate on current medical scenario		Lunch	Communication Student - Patient	Aerobics, Dance, Music, Instruments	
27-08-2019 (Tuesday)	Information Technology - Telemedicine	Role play- Role of physician in community	Literary Skills Presentation	Lunch	Judicious use of internet	Medical related information search and its utility	
28-08-2019 (Wednesday)	Holiday						
29-08-2019 (Thursday)	MS office (Introduction and Hands on workshop)		Translation Exercise English/ Malayalam	skill module - fracture management	Lunch	Group learning and Peer assisted learning- Talk by senior students	Sports and Games
30-08-2019 (Friday)	How to write reflections	Video Demo- Medical negligence	Interactive Lecture -Important national programmes to which medical profession is liked		Lunch	Making small presentation using PPT	
31-08-2019 (Saturday)	Lecture with video demonstration- Importance of Medical certificates and Documentation		Reflections and Evaluation		Lunch	White coat ceremony and Validictory function	

Visit to UHTC